



CATHOLIC ASSOCIATION
ANNUAL PILGRIMAGE TO LOURDES 20st-27th August 2010

MEDICAL FORM

Dear Pilgrim,

All pilgrims please complete Part 1 below and Part 2 overleaf. This is to ensure that, should you become ill in Lourdes, either as an Assisted Pilgrim or a Helper, the fullest possible information will be available to those responsible for your care and your next of kin may be contacted in the event of such an emergency.

If you would like to register as an Assisted pilgrim please complete Part 3 and ask your GP to complete Part 4. You **MUST** fill in this form in order to stay in the Accueil, receive wheelchair assistance in Lourdes or to be considered for anointing by the clergy.

Information disclosed will be available to the medical and nursing staff only and will be treated with the strictest confidence. Having a medical condition or being on medication does not preclude you from being a helper or contributing to the Pilgrimage in other ways.

IMPORTANT, Please read the information below about Lourdes if you are considering registered as an assisted pilgrim: -

- The Accueil (Hospital) is in the Domaine near the grotto and we provide nurses, carers and doctors. It is best regarded as an exclusive Nursing Home! If you live in a Care or Nursing Home, or need lots of help at home, you should request to stay here and someone can accompany you.
- The Hotels do cater well for Assisted Pilgrims, but can be some way from the Domaine. You need to be able to walk up to 3 miles a day and look after yourself indoors.
- We can provide help with pushers and wheelchairs in Lourdes, but **CANNOT** supply wheelchairs at UK airports. If you have your own wheelchair, you should bring it with you, there is no charge for this. Electric wheelchairs can be used if can be partially dismantled.

If you are unclear whether the Accueil or the Hotels would be most appropriate for your needs please do not hesitate to contact me before sending in this form.

Please complete the relevant sections of the form **IN FULL** and return the form as soon as possible.

Please note that forms will not be accepted after the 1st June 2010

Yours sincerely

Dr Adam Farmer MB BS BSc(Hons) MRCP(UK)

Please send completed forms to:-
Dr AD Farmer, 14 The Garthlands, Stafford, Staffordshire, ST17 9ZP
Tel 07880540584 Email a.farmer@qmul.ac.uk

PART 1 – PERSONAL DETAILS – ALL PILGRIMS TO COMPLETE

Title & Full Name _____

Address including post code _____

Date of birth & age _____

Diocese/Group with whom you are going to Lourdes with _____

Hotel where you are staying in Lourdes _____

ALL PILGRIMS – PLEASE TICK ONE OF THE BOXES	
<input type="checkbox"/>	I DO NOT WISH TO REGISTER AS A ASSISTED PILGRIM but have filled in details of my health in case of emergencies in Lourdes
<input type="checkbox"/>	I WISH TO REGISTER AS AN ASSISTED PILGRIM STAYING IN HOTEL and have filled in Part 2 with details of my health and a summary from my GP
<input type="checkbox"/>	I WISH TO REGISTER AS AN ASSISTED PILGRIM STAYING AT THE ACCUEIL and have filled in Part 2 with details of my health and a summary from my GP

PART 2 – NEXT OF KIN DETAILS – ALL PILGRIMS TO COMPLETE

Please state NAME, ADDRESS and TELEPHONE NUMBER of parents/guardians/next of kin.

Will anyone be accompanying you to Lourdes? If so, their name & contact telephone number.

(Registered hotel pilgrims staying in a hotel needing care MUST be accompanied by an able-bodied adult who can act as their carer although pushers can be provided if requested on this form).

PART 3 – MEDICAL DETAILS – TO BE COMPLETE BY PILGRIMS WISHING TO STAY IN THE ACCUEIL OR AS AN ASSISTED PILGRIM IN THE HOTELS

Please circle the relevant answer

Do you suffer from any allergies? YES or NO IF "yes" please list: -	
Can you dress unaided? YES or NO	Can you walk up 10 steps unaided? YES or NO
Can you walk 1 mile unaided YES or NO	
Do you have any special dietary requirements? If yes please list: -	
Do you use a wheelchair? YES or NO	If "yes" are you going to bring your wheelchair to Lourdes with you? YES or NO
Do you need a wheelchair to be provided in Lourdes? YES or NO	
Do you need a pusher whilst at the airport? YES or NO	
Do you need a pusher whilst in Lourdes? YES or NO	

If it is considered necessary, may I have your permission to contact your GP for further information? YES or NO
I authorise my GP to provide medical information about me to the Pilgrimage Medical Officer.

Signed:

Date:

Name, address & telephone number of your GP _____

PART 4 – MEDICAL DETAILS – TO BE COMPLETE BY THE GENERAL PRACTITIONER OF PILGRIMS WISHING TO STAY IN THE ACCUEIL OR AS AN ASSISTED PILGRIM IN THE HOTELS

Dear Doctor, your patient has asked to register as a Pilgrim travelling by air to Lourdes with the Catholic Association. Please complete this part of the form for him/her. Computer printouts of medical summary sheets and current medications are acceptable.

Please list any medical problems

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Please list any regular medication with dosages and frequency

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Any further necessary information, e.g. continence, dietary requirements, stoma; excessive weight; problems with travel (pilgrim must be able to travel by plane, without need for in-flight oxygen, in upright seat for 90 minutes)

If any medical condition is diagnosed, or if you receive any additional medical treatment to that described above, between the completion of this form and the departure of the Pilgrimage, you must inform the Pilgrimage Medical Officer in writing. Failure to do so might invalidate your insurance cover. If in doubt, contact me or check with your GP.

All pilgrims MUST bring 10 days supply of medications and dressings and EHIC in case treatment required by French medical services.

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